

# The Importance of Participation – Rethinking Clinical Trials

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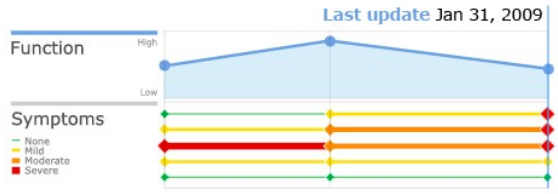


James Allen Heywood

Integrating Clinical Research and Care

FM: 2y  
Prob Dx  
F 49y

**Seaside**  
Female, 47 years  
West Coast, USA



None of the time	A little of the time	Some of the time	Most of the time	All of the time
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
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None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All
None	A little	Some	Most	All

- MS: 18 yrs  
Dx: 07/08  
Type: Relapsing-Remitting
- MS: < 1 yr  
Dx: 02/08  
Type: Relapsing-Remitting
- MS: 3 yrs  
Dx: 08/05  
Type: Secondary Progressive
- MS: 4 yrs  
Dx: 01/07  
Type: Relapsing-Remitting

### Avonex (interferon beta 1-a)

Generic Name: Avonex  
Generic Name: Interferon beta 1-a (Intramuscular, to not heat on day for each use)  
Use after: Interferon beta 1-a, Interferon beta 1-a Intramuscular Injection, Beta1

**Why Patient's Report Taking Interferon beta 1-a Intramuscular Injection**

To Treat MS: 90%

- To Slow MS Progress (254)
- To Treat MS Symptoms: 7%
- Other: (3%)

Total Number of Patients Reporting: 313

**Efficacy**  
50% of patients couldn't tell if this treatment had an effect on their overall condition or symptoms. Of those who could tell, 46% noted a moderate to severe effect.

**Side-effects**  
45% of patients noted that moderate side-effects from this treatment are a moderate problem. 20% noted them as a mild problem.

### patientslikeme™ Doctor Visit Sheet

**Current Treatments**

Treatment	Start Date	Start Dosage	End Date	End Dosage	Type	Stop Reason
ICAP	1/26/2006		3/28/2007		Prescription	Did not seem to help
BIPI (NO-FLUORENE) (oral)	3/23/2007	4 to 8mg	3/23/11 to	10 to 16 mg	Prescription	Not helpful
BIPI (NO-FLUORENE) (oral)	3/23/2007	8mg	3/23/2007	8mg	Prescription	Did not seem to help

**Primary Symptoms**

Stiffness/Spasticity, Double vision, Pain, Balance, Fatigue, Personality/Behavioral/Emotional Instability, Depression, Constipation, Anxiety

