

Transition for CYSHCN



Presented by, Malia Corde
The parent of a young adult with special healthcare needs
and the
Program Coordinator, NJ Statewide Parent to Parent
Director, Medical Home Initiatives
Statewide Parent Advocacy Network (SPAN)



New Jersey Parent to Parent



Transition is a lifelong journey!



Then

Now



Transition - Things to Consider



- Home & Family
- College vs. Employment
- Independent living skills
- Social & emotional well-being
- On-going learning opportunities
- Recreation
- Community
- Transportation
- Accessibility
- Technology

SCHOOL



- **Elementary School**
 - Sharing with classmates and school staff
 - Understanding challenges
 - IEP/504 meetings
 - Support System
 - Therapies
- **Middle School**
 - Self advocacy
 - Post secondary options
 - Community supports
- **High School**
 - Student's Vision
 - Post secondary goals
 - Testing
 - Accommodations
 - College vs. employment
 - Community experiences
 - Graduation

COMMUNITY



- **Elementary School**
 - Accessibility
 - Communication
 - Technology
 - Sports
 - Social skills

- **Middle School**
 - School sports
 - Social & recreation activities
 - Peer mentor
 - Self advocacy training

- **High School**
 - Student-led IEP/504 meetings
 - Community experiences
 - Job sampling
 - Volunteer opportunities
 - Social and recreation activities



HEALTH



- **Elementary School**
 - Learning about disability
 - Communicating about disability
 - Support system
 - Health
- **Middle School**
 - Youth-led medical visits
 - Communicate concerns/fears
 - Medications
 - Health history
- **High School**
 - Make medical appointments
 - Update medical information



HELPFUL RESOURCES



- **School**

- *Transition Checklist for Parents/Caregivers* - Statewide Parent Advocacy Network
- *Creating Agreement, Conflict Resolution, and Collaborative Problem Solving* - Statewide Parent Advocacy Network

- **Community**

- *New Jersey Coalition for Inclusive Ministries* - The Elizabeth Boggs Center, University Center of Excellence on Development Disabilities
- *New Jersey All People Equal* - Inclusive recreation opportunities
<http://njape.org/>

- **Health**

- *Health Advocacy Across the Lifespan: What Parents of Children with Disabilities Need to Know* - Statewide Parent Advocacy Network
- *Being a Health Adult: Learning How to Advocate for Your Health & Health Care* - Kathy Roberson, M.S.W, The Boggs Center on Developmental Disabilities
- *Medical Home Training for Parents* - Statewide Parent Advocacy Network
- *Talking with Your Doctor and Other Health Care Professionals Video* - Institute for Child Health Policy at the University of Florida, Health Care Transition Initiative